



Early Learning SERIES

for People Who Care About Young Children

APRIL 2025 WORKSHOP

Emotion Coaching: Helping Children Manage Strong Feelings



**Tuesday, April 8, 2025
6:30—8:30 PM**

**Ives Grove Auditorium
14200 Washington Ave.
Sturtevant, WI 53177**

Facilitated by:
Pam Wedig-Kirsch and Sarah Hawks
UW-Madison Extension Racine County

Cost: \$10

Children with strong social-emotional skills have greater academic achievement, more positive social interactions, and greater satisfaction in life. How can we teach children these important skills? Through “Emotion Coaching”! This workshop focuses on:

- Increasing child’s emotional vocabulary.
- Strategies to help children self-regulate.
- The 3 steps to support children experiencing strong feelings.
- Techniques to help children develop problem solving skills.

Practical, ready to implement strategies will be shared. Return to your center armed with the skills to support children by teaching new ways to express their strong feelings!

Register by April 1, 2025
(Space is limited—when class capacity is reached, registration will close.)

Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service, or activity. For communicative accommodations in languages other than English, please contact oaic@extension.wisc.edu. Para pedir adecuaciones para la comunicación en un idioma distinto al inglés, favor de comunicarse con: oaic@extension.wisc.edu.

Participants arriving more than 15 minutes late will not receive Registry Credits/Certificate of Attendance

Emotion Coaching—Virtual workshop \$10 Check \$10 Cash **Mail this sheet and check to Extension Racine County**

Tuesday, April 8

Participant’s name _____ Address _____

Phone number _____ E-mail _____ Name of the agency you work at _____

Please check this box, if you need Spanish interpretation.



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