



Early Learning SERIES

for People Who Care About Young Children

SEPTEMBER 2021 WORKSHOP

Emotion Coaching: Helping Children Manage Strong Feelings



Online Zoom Workshop

Wednesday, September 22, 2021

6:30—8:30 PM

Cost: \$10

Facilitators:

Sarah Hawks

Pam Wedig-Kirsch

Extension Racine County

Children with strong social-emotional skills have greater academic achievement, more positive social interactions, and greater satisfaction in life. How can we teach children these important skills? Through “Emotion Coaching”! This workshop focuses on:

- Increasing child’s emotional vocabulary.
- Strategies to help children self-regulate.
- The 3 steps to support children experiencing strong feelings.
- Techniques to help children develop problem solving skills.

Practical, ready to implement strategies will be shared. Return to your center armed with the skills to support children by teaching new ways to express their strong feelings!

Register by September 17, 2021
(Space is limited—when class capacity is reached, registration will close.)

Priority for workshops is given to child care professionals needing Registry Credit.

Must have Zoom audio and visual capability to participate. Discussions will take place during the workshop.

For special accommodations, please notify Extension via email when registering uwextension@racinecounty.com

Participants arriving more than 15 minutes late will not receive Registry Credits/Certificate of Attendance

Emotion Coaching—Virtual workshop \$10 Check \$10 Cash **Mail this sheet and check to Extension Racine County**
Wednesday, Sept. 22 Registration Deadline: **Sept. 17, 2021**

Participant’s name _____

Address _____

Phone number _____

E-mail _____

Name of the agency you work at _____

Please check this box, if you need Spanish interpretation.



Extension

UNIVERSITY OF WISCONSIN-MADISON
RACINE COUNTY

1072 Milwaukee Ave., Burlington, WI 53105

(262) 767-2929

uwextension@racinecounty.com

Wisconsin Relay 7-1-1 <https://racine.extension.wisc.edu/>



United Way
of Racine County
Partner Provider

An AA/EEO employer, University of Wisconsin-Madison, Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.

