

A Community
Interest Program

SC
Johnson
Community
Interest Program -
a virtual, interactive
live broadcast

SCREENAGERS
NEXT
CHAPTER

Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience

Thursday,
May 6, 2021

6:30 p.m. - 8:00 p.m. CDT

Program link will be active beginning at 6:15 p.m.

RSVP to receive your program access link at:
www.scjohnson.com/CIP



Racine Collaborative
for Children's Mental Health



Extension
UNIVERSITY OF WISCONSIN-MADISON
RACINE COUNTY

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In observance of National Children's Mental Health Awareness Day, please join us for a documentary film and panel discussion about the importance of children's mental health. This program will reinforce that a positive mindset is essential to a child's healthy development.

Following the success of her first documentary in 2016, filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level. **Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience** examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

Interwoven into the stories are surprising insights from brain researchers, psychologists and thought leaders that reveal evidence-based ways to support mental wellness among our youth.

Q&A with a panel of specialists will follow the film:

- Dr. Michelle Snyderman, Pediatrician - Ascension All Saints
- Lieutenant Walter Powell, Commander of the School Safety and Security Unit - Racine Police Department
- Julia Wells, LPC, Child and Family Therapist - Children's Wisconsin
- Additional local specialists may be added

The 63-minute film is appropriate for 6th grade students and older.

Brought to the community from the
SC JOHNSON GOLDEN RONDELLE THEATER
1525 Howe Street, Racine, WI 53403
(262) 260-2154

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