

# Early Learning SERIES

for People Who Care About Young Children

NOVEMBER 2019 WORKSHOP



## Eating a Rainbow: Healthy Eating in the Classroom and at Home

**Wednesday, November 13**  
**6:30-8:30 p.m.**

**Facilitator:**

**Alana Perez-Valliere**

Nutrition Educator

FoodWise Kenosha/Racine

Extension UW-Madison

**Ives Grove Racine County Building**

14200 Washington Ave., Sturtevant

**Registration Deadline: Nov. 6, 2019**

(when class capacity is reached, registration will close)

Healthy eating and nutrition is vital to the growth and development of children. Early Care and Education Providers play an important role in modeling healthy eating and fostering healthy attitudes toward food.



The workshop will focus on helping child care providers to understand how they can positively influence children's eating habits in the classroom. It will also provide age-appropriate methods to address the struggles of getting children to eat new fruits or vegetables. Learners will walkaway with tangible strategies and tools for behavior changes and how to engage with children and encourage them to try and like new fruits or vegetables.

**Individuals** needing Certificate of Attendance or Registry Credit, the cost is **\$10**. Payment is not refundable.

**Parents/grandparents can participate at no cost**, but must register in advance.

- Mail check / cash to: **Extension Racine County**, 1072 Milwaukee Avenue, Burlington, WI 53105
- Online payment & registration at: [racinecounty.com/extension](https://racinecounty.com/extension) (MasterCard, Visa, or Discover)

For special accommodations, please notify Extension when registering. *Workshop is for adults (no child care provided).*

**Participants arriving more than 15 minutes late will not receive Registry Credits/Certificate of Attendance**



**Extension**

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Wisconsin Relay 7-1-1 <https://racine.extension.wisc.edu/>



United Way  
of Racine County  
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An AA/EEO employer, University of Wisconsin-Madison, Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.



Registration below

**Eating a Rainbow – Healthy Eating in the Classroom and At Home**  \$10 Check  \$10 Cash

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Registration Deadline: **Nov. 6, 2019**

*NEW! Online registration & payment is available, see above.*

Participant's name

Address

Phone number

E-mail

Name of the agency you work at

Please check this box, if you need Spanish interpretation.