

Early Learning SERIES

for People Who Care About Young Children

FEBRUARY 2019 WORKSHOP

2
Registry
Credits

Emotion Coaching: Helping Children Manage Strong Feelings



Children with strong social-emotional skills have greater academic achievement, more positive social interactions, and greater satisfaction in life. How can we teach children these important skills? Through "Emotion Coaching"! This workshop focuses on:

- Increasing child's emotional vocabulary.
- Strategies to help children self-regulate.
- The 3 steps to support children experiencing strong feelings.
- Techniques to help children develop problem solving skills.

Practical, ready to implement strategies will be shared. Return to your center armed with the skills to support children by teaching new ways to express their strong feelings!

Wednesday, February 27
6:30—8:30 p.m.

Facilitators:

Sarah Hawks

Pam Wedig-Kirsch

Family and Community Educators
Racine County UW-Extension

Ives Grove Racine County Building
14200 Washington Ave., Sturtevant

Registration Deadline: Feb. 20, 2019
(when class capacity is reached, registration will close)

Child Care Providers needing Certificate of Attendance or Registry Credit must mail in the registration form below with **\$10** check / cash to: **Racine County UW-Extension**, 209 North Main Street, Burlington, WI 53105. Payment is not refundable and must be received by the deadline. **Participants arriving more than 15 minutes late will not receive Registry Credits/Certificate of Attendance**

Parents/grandparents can participate at no cost, but must register in advance. If you require special accommodations, please notify when registering. *Workshop is for adults (no child care provided).*



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Wisconsin Relay 7-1-1 <http://racine.uwex.edu>



University of Wisconsin, U.S. Department of Agriculture and Wisconsin Counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA.



Registration below

Workshop: Emotion Coaching

Wednesday, Feb. 27, 2019 / 6:30 - 8:30 PM

\$10 Check \$10 Cash

Registration Deadline: **February 20, 2019**

Participant's name

Address

Phone number

E-mail

Name of the agency you work at

Please check this box, if you need Spanish interpretation.